

## IAP - IJPP CME 2018

**SEIZURE MIMICS – NONEPILEPTIC PAROXYSMS****\*Lakshminarayanan Kannan**

**Abstract:** *Differentiating seizures and seizure mimics is purely clinical and is not straight forward many a times. Correct clinical diagnosis is the most critical step leading to further relevant investigations and appropriate management. Systematic approach with detailed interview of the first hand witness, review of videos of the episodes if available and thorough physical examination help in correctly identifying seizure mimics in most cases. This article enumerates practical clues to recognise the most prevalent seizure mimics and discusses the role of video-EEG.*

**Keywords:** *Seizure mimic, Psychogenic non-epileptic episode, Syncope, Shuddering attacks.*

**Points to Remember**

- *Normal EEG does not rule out epilepsy while an abnormal EEG per se is not diagnostic of epilepsy.*
- *Coexistence of psychogenic non-epileptic episodes in patients with known epilepsy is not uncommon.*
- *Sudden collapsing episodes on exertion are usually not seizures and need cardiac evaluation.*

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